**SUMMARY AND EXPLANATION**

*Escherichia coli* serotype O157:H7 is a Shiga toxin-producing pathogen. This serotype has been reported as an etiological agent in sporadic and outbreak cases of haemorrhagic colitis. It is also associated with haemolytic uraemic syndrome. Certain *E. coli* serotypes other than O157:H7 also produce Shiga toxin. However, the diarrhoea caused by these other serotypes is not usually bloody. Additionally, *E. coli* serotype O157:H7 does not ferment sorbitol, whereas most other serotypes do. Therefore, if Sorbitol MacConkey Agar is used as a primary screen, the colonies of *E. coli* serotype O157:H7 appear colourless (non-sorbitol-fermenting colonies [NSFC]) while colonies of the other serotypes appear characteristically pink (sorbitol-fermenting colonies [SFC]).

**PRINCIPLE OF THE TEST**

The blue polystyrene latex particles used in the kit are coated with an antibody to the *E. coli* O157 somatic antigen. When these latex particles are mixed with a presumptive culture of *E. coli*, the bacteria will bind to the antibody coating the latex particles to agglutinate (positive reaction). Bacteria that are not *E. coli* O157 will not bind to the antibody and will not agglutinate (negative reaction).

**MATERIALS PROVIDED**

- **Prolex™ E. coli O157 Latex Test Reagent** (PL.072B / PL.073B):
  - One dropper bottle containing 3.1 ml (PL.072B) or 6.2 ml (PL.071B) of latex particles coated with purified rabbit IgG that reacts with *E. coli* serogroup O157. Latex particles are suspended in a buffer containing 0.098% sodium azide as a preservative.

- **Prolex™ E. coli O157 Positive Control Latex (PL.074B / PL.075B):**
  - One dropper bottle containing 1.5 ml (PL.074B) or 3.0 ml (PL.071B) of Positive Control suspension containing *E. coli* serotype O157:H7 antigen produced by harvesting and inactivating *E. coli* serotype O157:H7 colonies grown on agar medium. The antigen is suspended in a buffer containing 0.095% sodium azide as preservative.

- **Prolex™ E. coli O157 Negative Control Latex Reagent (PL.077B / PL.076B):**
  - One dropper bottle containing 1.5 ml (PL.076B) or 3.0 ml (PL.071B) of latex particles coated with purified rabbit IgG that does not react with *E. coli* serogroup O157. Latex particles are suspended in a buffer containing 0.098% sodium azide as a preservative.

**STABILITY AND STORAGE**

Reagents should be stored at 2°C to 8°C. Reagents stored under these conditions will be stable until the expiration date shown on the product label. Do not freeze.

**PRECAUTIONS**

1. The kit is intended for *in vitro* diagnostic use only.
2. Do not use the reagents after the expiration date shown on the product label.
3. The reagents contain ≤ 0.098% sodium azide. Sodium azide can react explosively with copper or lead plumbing if allowed to accumulate. Although the amount of sodium azide in the reagents is minimal, large quantities of water should be used if reagents are flushed down the sink.
4. Specimens and reagents should be considered potentially infectious, and universal precautions should be observed when performing the test.
5. Do not use the latex reagents if autoagglutination is visible. This would appear as agglutination of the Prolex™ *E. coli* O157 Latex Reagent in the absence of a test isolate or agglutination of the Negative Control Latex Reagent in the presence of Positive Control Antigen or the test isolate.
6. The procedures, storage conditions, precautions, and limitations specified in these directions must be followed to obtain valid test results.
7. Some reagents contain materials of animal origin and should be handled as a potential carrier and transmitter of disease.

**PREPARATION OF CULTURES**

Clinical specimens should be cultured on Sorbitol MacConkey Agar. Non-sorbitol-fermenting colonies (NSFC) may be tested directly or from a subculture on a non-selective agar medium. Colonies from an overnight culture (18-24 hrs) must be cleanly removed from the agar surface for testing using a sterile loop or needle. Young, fast-growing cultures typically give the best results.

**TEST PROTOCOL**

1. Allow all of the reagents to come to room temperature before use.
2. Using a pipette, transfer 0.2 ml normal saline into a 12 x 75-mm test tube.
3. Using a sterile loop or needle, pick off sufficient colonies from the plate and suspend them in the saline to achieve turbidity corresponding to a 3-5 McFarland Standard.
4. Place one drop of the Prolex™ *E. coli* O157 Latex Reagent in a test circle on one of the test cards provided. Using a Pasteur pipette add one drop of the test suspension into the same test circle and mix using one of the mixing sticks provided.
5. Rock the card gently and examine for agglutination for up to two minutes.
6. Isolates that give a positive result with the test latex must be tested further by repeating the procedure using the Prolex™ Negative Control Latex Reagent.

**QUALITY CONTROL PROCEDURES**

The Prolex™ *E. coli* O157 Latex Reagent and Prolex™ Negative Control Latex Reagent must be tested with the Prolex™ Positive Control before running the test isolates. There must be agglutination with the Prolex™ *E. coli* O157 Latex Reagent within two minutes and no agglutination with the Prolex™ Negative Control Latex Reagent.

**INTERPRETATION OF RESULTS**

1. The following table shows how the results obtained with the Prolex™ *E. coli* O157 Latex Reagents and the Prolex™ *E. coli* O157 Positive Control should be interpreted:

<table>
<thead>
<tr>
<th>O157 LATEX REAGENT</th>
<th>NEGATIVE CONTROL LATEX REAGENT</th>
<th>REMARKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td>-</td>
<td>Kit performance is satisfactory.</td>
</tr>
<tr>
<td>+</td>
<td>+</td>
<td>Potency is too low. Discard reagents.</td>
</tr>
<tr>
<td>+</td>
<td>-</td>
<td>Autoagglutinating: Discard reagents</td>
</tr>
<tr>
<td>not done</td>
<td></td>
<td></td>
</tr>
<tr>
<td>not done</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2. Agglutination of latex reagents with test specimen is interpreted as shown below:

**LIMITATIONS OF THE PROCEDURE**

1. Test only colonies that exhibit typical colonial morphology on Sorbitol MacConkey Agar (non-sorbitol-fermenting).
2. Positive test results should be confirmed using routine biochemical testing.
3. This reagent was developed to detect the presence of *E. coli* serogroup O157. Some other *E. coli* O157 strains (e.g., O157:H116) that are non-sorbitol-fermenting also produce a positive result with this test.
4. Although this test has been specifically developed to reduce the normal cross-reactivity of *Escherichia hermanii* (12), rare strains can cross-react.

**PERFORMANCE CHARACTERISTICS**

Clinical performance of the Prolex™ *E. coli* O157 test kit was evaluated at a hospital microbiology laboratory. Blood-stained stool specimens from 474 patients diagnosed with diarrhoea, haemorrhagic colitis or haemolytic uraemic syndrome were cultured. Of these 474 specimens, 47 produced sorbitol-negative colonies and tested positive for *E. coli* strain O157 by a commercially available latex test. These results were confirmed by conventional biochemical testing. All 47 of these isolates gave a positive result when tested using the Prolex™ *E. coli* O157 Latex Reagent Kit (47/47 = 100% sensitivity).
REFERENCES